

THE PROGRAM

On Belay provides age-appropriate challenges to help participants gain a sense of personal power and control. Participants take turns as climbers and belayers and can choose which challenges they are comfortable with, but all participants are expected to be **on belay** for each other, both literally and figuratively. This helps participants realize the value of finding people who are on belay for them, and what it means to be on belay for someone else – an important lesson to remember, regardless the challenge.



BELAY

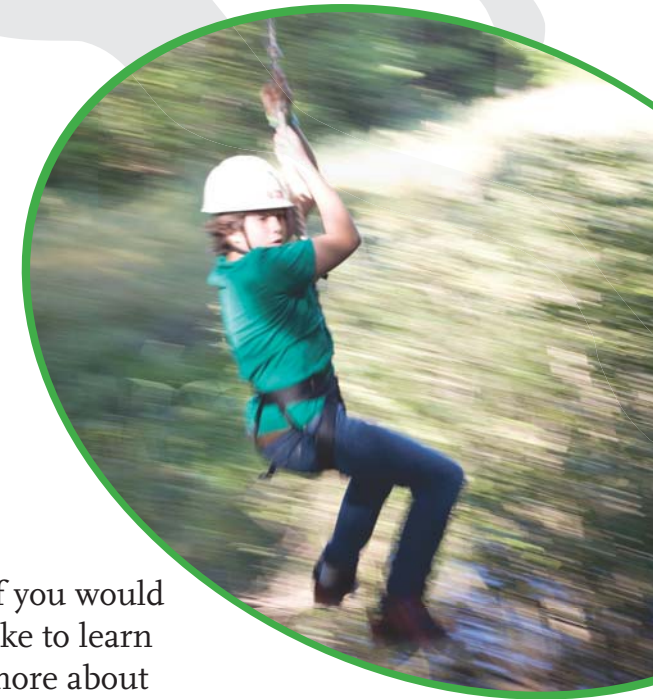
an old sailing term; to secure, to hold fast; in rock climbing *belay* refers to the use of a rope and friction system to arrest a fall

PROGRAM GOALS

- To create an atmosphere where participants support each other as they tackle new challenges.
- To create an environment where participants feel comfortable and supported.
- To provide participants a place to make new friends.
- To give children the freedom to focus on themselves and have fun.
- To help participants identify their connection with other children in the program.
- To offer opportunities for participants to challenge themselves in new ways.

GET INVOLVED

- Volunteer at a program
- Join an advisory committee
- Recommend a child for the program
- Make a financial contribution
- Make an in-kind donation
- Get your business involved
- Get your civic organization involved



If you would like to learn more about On Belay contact Sasha Eisele, Executive Director, at sasha@on-belay.org.

WHO CAN ATTEND?

On Belay programs are designed for children 9 to 19 who have or have had a family member with cancer.



Participants work together to build a community rooted in **Fun**, **Safety**, **Trust** and **Support**. Throughout the day participants take on challenges designed to help them reach new physical and emotional heights. If you have questions specific to a child in your life please feel free to call us directly.

A special thanks to:

**NewEngland
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for making it possible
to spread On Belay's
message.



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Is Your Child

ON BELAY?

ON BELAY PROVIDES UNIQUE, ADVENTURE BASED PROGRAMS THAT BUILD **COMMUNITY** AMONG YOUNG PEOPLE WHO HAVE OR HAVE HAD A FAMILY MEMBER WITH CANCER.

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